I hope you find yourself in some of these songs... I know I did while writing them.

-Lana

So...What's your story? Reveal more at lanagrant.com and you may just be my next song inspiration!

Many people to thank for making this musical expression possible: Family and friends - thanks for your patience and support as I continue my music journey...I could not do it without all your help! (Special thanks to my two biggest fans - Steve and Josh..xo)

Chris Iannetti - I'm forever grateful for your talents and friendship. Without you these songs would not have come to life.

The fans - You're the reason I maintain my motivation to keep my music alive. Your generosity, emotional support and personal story contributions all keep me inspired.

A heartfelt thanks to the talented musicians and artists who were a part of this project:

(All songs written by Lana Grant and Chris Iannetti).

Chris Iannetti - Guitars/Keyboard/Backing Vocals...my music guru!

Dave Carroll - Vocals featured for Aftermath.


Silvio Pupo Montero - Keyboard - My Journey.

Lawrence Bjornson - Stand up Bass - My Journey.

Darren Hubley - Wicked talented Photographer/Graphic Designer for all my Non-Fiction CD and promotional material, plus a great friend...thanks for the lend of your guitar for Aftermath/Time.

Nadine Beed - Make-up artist/aka miracle worker.

Sharon Alexander - Photographer.

The Headspace Design Team - Related Web design Elements.

For more information on Lana, go to lanagrant.com. You'll find more stories, music, photos and fan incentives.

Produced by Chris Iannetti / Executive Producer - Lana Grant.

Recorded and mixed at Iannetti Recording (Halifax) Additional recording at Ferguson Music Productions Inc. (Dartmouth) Mastered by Tim Branton at Joao Carvalho Mastering (Toronto)
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Scott Ferguson - Drums/percussion

Paul Vianore - Bass Guitar

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