



## “Official” Lana Grant Press Biography

**Lana Grant**, the Newfoundland born, Nova Scotia raised, singer/songwriter is currently recording her 4th CD which will be entitled **Non-Fiction**. This much-anticipated contemporary pop offering is a project Lana is very proud of. **Non-Fiction** is a collection of songs based on real situations, drawn from Lana’s own life journey as well as inspiring and touching stories from fans and friends she has turned into beautiful music. One fan wrote to Lana about her battle with breast cancer, and from that painful, yet powerful journey the song **Time** was born. Another song, called **Dash**, was written as a tribute to a Halifax Police Special Constable, who passed away in a tragic car accident in 2008. Look for the **Non-Fiction** release and support tour in spring of 2010.

Lana has been crafting her professional music career as a singer/songwriter since 1995. During that time Lana released 3 CD’s, **Lana Grant** - self titled (1996), **Tired of Talkin’** (1999) and **Hovering Above** (2004). **Tired of Talkin’**, saw the national release of two singles, **Pieces** and **Tired of Talkin’**. **Pieces** turned out to be a highly successful chart topper that brought Lana a large amount of publicity.

Lana’s music career has seen numerous musical accomplishments. A few highlights include; ECMA showcases (1997 & 2000), nomination for Female Artist of the Year (Music Industry of NS - 2000), live performances (i.e. opening for Blue Rodeo, festivals, venues), a showcase at Canadian Music Week (Toronto - 2000), plus media recognition and performances (TV, Radio and Print). In 2003, Lana was the featured artist in an hour long Eastlink TV special highlighting her music, performance and conversations about her career. Check out the Eastlink video highlights of Lana’s live performance on the home page!

If your business, media outlet, venue or event is looking for more information on Lana, please contact her team via the contact link on her web-site:  
[www.lanagrانت.com](http://www.lanagrانت.com)